WHAT IS MUSIC THERAPY?

Music therapy is the clinical application of music, with therapeutic intention, used to address a variety of physical, mental, and developmental issues for people of all ages and ability levels.

MUSIC THERAPISTS CAN:

- Stabilize the gait of someone with Parkinson’s disease
- Increase a premature infant’s oxygen saturation in the NICU
- Help a child with Autism sing “I love you” to their mother

MUSIC THERAPIST TRAINING:

- Required college coursework includes music therapy, anatomy, human development & psychology
- 1200 clinical training hours including a 6-month, full-time, internship
- Pass a board certification exam by an independent accrediting agency

WHAT MUSIC THERAPISTS DO

- Songwriting
- Lyric Analysis
- Music & Movement
- Use evidence-based research to create individualized treatment plans
- Play instruments
- Therapeutic Singing
- Improvisation

MUSIC THERAPISTS CAN:

- Be part of the IEP team to help a child succeed academically
- Help a wounded soldier, Army Captain Luis Avila regain his speech
- Create a song of legacy as death approaches

QUESTIONS? PASTATE.TASK.FORCE@GMAIL.COM
WHY PROFESSIONAL MUSIC THERAPY LICENSURE?

Music therapy is an allied healthcare profession. Licensure would ensure consumer protection for Pennsylvanians and provide greater consumer access to music therapy.

MUSIC THERAPY IN PA

- 9 Universities are training music therapists in PA
- Over 49,000 Pennsylvanians receive music therapy
- Constituents in 80% of PA counties receive music therapy

CONSUMER PROTECTION

- Individuals are required to meet national training and credentialing standards for music therapy
- Music therapists receive extensive training that allows the safe provision of therapeutic care

CONSUMER ACCESS

UNIFIED POLICY STATEWIDE: Reduced-red tape for Managed Care Organizations

- Constituents receiving music therapy via managed care who move to another county often cannot receive music therapy in their new home as managed care policies often differ across counties
- Licensure would create one unified state policy that protects consumers, increases consumer access, and reduces red-tape

COST-SAVING OUTCOMES

- NICU Music Therapy cut an average of $10,000 off costs of a NICU stay ($2,000/day)
- Music Therapy reduced cost per patient in Hospice by $2,984
- Music Therapy for procedural support cut echocardiogram costs in children by $74.24/procedure

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